



TEMISKAMING SHORES MINOR HOCKEY ASSN.

THIS POLICY APPLIES TO ALL MEMBERS REGISTERED WITH THE NOHA AND OWHA WITHIN TSMHA

Dressing Room Policy

1. A minimum of two (2) same sex coaching staff or room monitor must be present in the dressing room at all times, before and after games and practices, never a 1:1 ratio.
Ex:
 - girls changing room requires 2 female monitors or 2 female coaching staff members
 - co-ed changing room requires 1 male & 1 female monitor or coaching staff member
 - boys changing room requires 2 male monitors or coaching staff members
2. Any parent who is designated as a dressing room monitor by the team Coaching Staff must have the Speak Out course and an updated police check. The room monitor is not authorized to go on the ice or in the player's box during games or practices.
3. TSMHA allows co-ed dressing room situations to exist at the U7 (Initiation) Program, U9 (Novice) and U11 (Atom) levels, 5-10 years of age provided participants in a co-ed situation either arrive in full equipment or wear at a minimum gym shorts or long underwear as well as a full t-shirt (no tank tops) all of which must be in good condition and without holes/tears.
4. At the U13 (Pee-Wee) (11 years old) level and above the following conditions will apply in all co-ed team environments:
 - Females and males will change in separate rooms
 - Both genders shall congregate in one dressing room fully prepared to participate in the game/practice not more than 15 minutes prior to the scheduled ice time unless otherwise indicated (to be there earlier) by the coaching staff.
 - The lesser represented gender shall depart the dressing room not more than 15 minutes after the game/practice unless otherwise indicated (to stay longer) by the coaching staff.
 - The gender in the majority shall not begin changing, helmets, gloves and skates excepted, prior to the departure of the lesser represented gender.
 - When necessary, due to facility limitations, dressing and showering shall be done in shifts with the gender in the majority dressing and showering first. Once the room with shower facilities has been fully vacated the lesser represented gender may use the shower facilities.



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5. Parents may be allowed in the changing rooms for players of the U7 (Initiation) ages groups. At the U9 (Novice) & U11 (Atom) levels, parents may also be allowed, with the permission of the coaching staff, to assist their child with equipment and skates but must then leave the room immediately. Only one parent per player is required. At the U13 (Pee Wee) level and above, parents must have permission from the coaching staff to enter the dressing room.
6. The dressing room shall be left in the same clean, tidy condition for the following team. Garbage cans are provided in each dressing room.
7. Showers and toilet areas are to be used with care as arena staff do not always have time to clean rooms between uses.
8. Any damage to the dressing rooms should be reported to the arena staff immediately.
9. All cell phones, including Coaching Staff, players and parents shall be out of sight while in a team's dressing room with exceptions strictly for 911 purposes.

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